

Notes from A True Book – The Digestive System by Darlene R. Stille

Digestion Map

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

digestion - body's way of breaking down \_\_\_\_\_ into small pieces so \_\_\_\_\_ can be used by \_\_\_\_\_.

stomach growl - \_\_\_\_\_.

gallbladder - \_\_\_\_\_ and sends it to the \_\_\_\_\_.

liver - makes \_\_\_\_\_, stores some \_\_\_\_\_  
\_\_\_\_\_. Sends out \_\_\_\_\_ to body when body runs out of \_\_\_\_\_.

pancreas - gives off \_\_\_\_\_.  
makes \_\_\_\_\_.

How doctors learned about digestion:

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Ways to help digestive system work properly:

1. Prevent germs from \_\_\_\_\_.

Wash \_\_\_\_\_.

Keep food \_\_\_\_\_.

Cook \_\_\_\_\_ well.

2. Eat foods high in \_\_\_\_\_.

1. \_\_\_\_\_.

2. \_\_\_\_\_.

3. \_\_\_\_\_.

3. Eat food low in \_\_\_\_\_.